



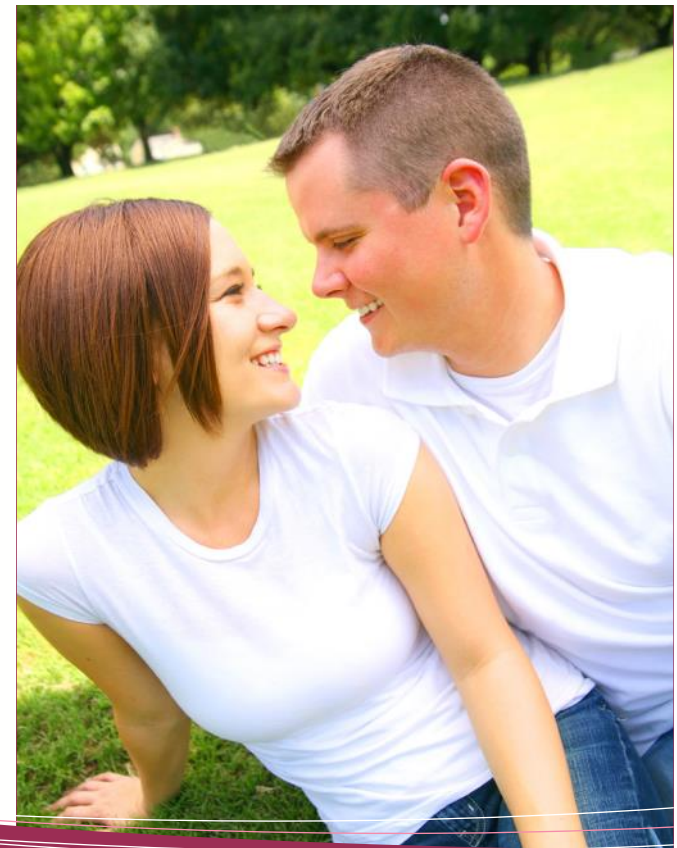
THE CAPNCM PROMISE

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.



Community Action Partnership of North Central Missouri offers services to individuals to become self-sufficient by empowering them to obtain the resources needed to build strong families & communities.

Equal Opportunity Employer/Program. Auxiliary aids & services available upon request to individuals with disabilities.



Now you can call us toll free!

1.877.611.7600

Phone Directory Options

- #0 Operator
- #1 Energy Assistance
- #2 Employee Directory
- #3 Weatherization
- #4 Housing Development
- #5 Housing Assistance
- #6 Career Development
- #7 Women's Health

Contact us at
660.359.3907
1.877.611.7600

www.greenhillswomenshealth.org

TDD - 1.800.735.2966



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**AFFORDABLE
HEALTH CLINIC
SERVICES**



CAPNCM

Community Action Partnership
of North Central Missouri
Strong Families = Strong Communities

Why Women's Health?

For every government dollar spent on family planning services, an average of \$4.40 is saved as a result of averting short-term expenditures on medical services, welfare & nutritional services.

Reproductive Health

- Complete examination of the female reproductive system.
- Breast examination & Pap Smear test to check for early signs of cancer.
- Diagnosis & treatment of minor gynecological problems.
- **Male & female diagnosis & treatment of sexually transmitted diseases.**
- Emergency contraception

Laboratory Services

- Cervical Cancer Screening
- Sexually Transmitted Disease counseling & screening
- Blood Pressure Checks
- Hemoglobin
- Pregnancy Testing

1.877.611.7600



Nearly 2,000 women living in a 10-county area in northern Missouri rely on Community Action Partnership of North Central Missouri for their health-care needs. Community Action Partnership of North Central Missouri Women's Health Services clinics are open to all people living within the service area, regardless of financial or age restrictions. Fees for the strictly confidential services are charged on a sliding scale based on the patient's income. Private insurance and Medicaid are accepted, as well as donations from patients and the public. Clinic staff includes a nurse practitioner and educa-

About This Program...

tors specifically trained in family planning services.

CAPNCM's Women's Health Services schedules about 170 clinics a year where women can receive their annual breast and reproductive system examinations, family-planning information and other related services. The health clinics also provide limited services to men, most often related to STD screening and reproductive health. While the staff of Women's Health Service focuses mainly on reproductive health, they do refer patients to other medical and mental health providers when needed.

In addition to reproductive health screenings, Women's Health Services can provide some laboratory services, including blood pressure checks, hemoglobin tests and urinalysis. Staff also provides educational programs in schools and churches and to community organizations, as well as health workshops sponsored by Community Action Partnership of North Central Missouri.

CAPNCM's Women's Health Services schedules clinics in Caldwell, Carroll, Chariton, Grundy, Harrison, Linn, Livingston, Putnam and Ray counties. Most clinics are conducted during business hours, but some evening and weekend clinics are scheduled.

Birth Control Methods & Education

- Prescription Methods
 - Oral Contraceptives (pills)
 - Diaphragms
 - IUD's
 - Depo-Provera Injections
- Non-Prescription Methods
 - Foam
 - Spermicidal Jelly
 - Condoms
- Natural Family Planning
 - Fertility awareness instruction
- Sterilization Information & Education
 - Tubal Ligation
 - Vasectomy

Other Information & Educational Services

- Accurate information available:
 - Reproductive anatomy
 - Sexual functioning
 - Sexually transmitted diseases
- Education provided to address specific concerns.
- Programs in schools, churches, & community organizations structured to suit individual organizational needs:
 - Human Growth/Reproduction
 - Birth Control Update
 - Sexually Transmitted Diseases

Referral Services

- Medical and Mental Health
- Prenatal Care
- Problem Pregnancy
- Sterilization
- Community Resources

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www.greenhillswomenshealth.org

