

CAPNCM ZOMBIE RUN

7PM, OCTOBER 22ND, 2016

THE DETAILS

Join us beginning at 7pm on Saturday October 22nd around the Trenton walking trail for our very first Zombie Run!

Single runners and teams (and zombies!) are welcome to participate in this fun, family friendly event. Registration fee for runners and zombies is \$30 (\$30 per individual participant, \$25 per person in a team, \$20 per person with a paid sponsorship of \$50 or more). Event is rain or shine. **No refunds.** Registration fee includes 1 t-shirt, 1 bottle of water, and 3 flags per participant. Additional flags are to be available at 1 for \$5 or 3 for \$10. Basic zombie make-up will be available at the event for an additional donation.

At the conclusion of the 5K run, there will be vendors and entertainment in the Safe Zone (aka the CAPNCM parking lot) offering food and goods for sale for participants to come over to enjoy!

How Does It Work?

Each runner starts the race with 3 flags (think flag football). Zombies lying in wait around the course will attempt to capture these flags. Once you lose all your flags you are infected! You can still finish the race, but the ultimate goal is to finish the race as quickly as possible, with all your flags intact. Medals will be awarded to the top three survivors (runners finishing the race with flags remaining) and the top three infectors (zombies who capture the most flags). A prize will also be awarded for Best Costume.

The Rules

The Living

- You must remain on the marked course. (Cheaters will be swarmed by a horde of the undead. And mocked. Openly. Maybe even on Facebook.)
- No pushing, hitting, kicking, smacking, karate chopping, etc. of zombies is permitted.
- No transferring of flags from one runner to another is permitted.

The Living Dead

- No pushing, hitting, kicking, smacking, karate chopping, etc. of the living is permitted.
- No biting. Seriously. That costs extra.
- Zombies must ACT LIKE ZOMBIES.

HAVE FUN!



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REGISTRATION

Name _____ Sex _____ Age _____

Address _____

City, State, Zip _____

Phone _____ E-mail _____

SHIRT SIZE (circle one) SM M L XL XXL

Please Note: T-shirt supplies are limited, and will be first come first serve. Those registering the evening of the event may or may not receive a shirt.

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event, including, but not limited to: zombie bites, blunt force head trauma, eye loss, and etc. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____ Date _____

Parent or Guardian if under 18 _____

No refunds will be issued for any reason